



Junkanoo Journal

Department of
State

August, 2005



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HAPPY BIRTHDAY UNITED STATES COAST GUARD!!!

The United States Coast Guard, one of the country's five armed services, is also one of the most unique agencies of the federal government. We trace our history back to 4 August 1790, when the first Congress authorized the construction of ten vessels to enforce tariff and trade laws, prevent smuggling, and protect the collection of the federal revenue. Known variously as the Revenue Marine and the Revenue Cutter Service, we expanded in size and responsibilities as the nation grew.

These added responsibilities included humanitarian duties such as aiding mariners in distress. Our law enforcement functions also continued to expand. Congress tasked us with enforcing laws against slavery, piracy, and enlarged our responsibilities to prevent smuggling. We were also given the responsibility to protect the marine environment, explore and police Alaska, and chart the growing nation's coastlines, all well before the turn of the twentieth century

Today, the Coast Guard will:

- Save 15 lives
- Assist 117 people in distress
- Protect \$2.8 million in property
- Interdict 30 illegal migrants at sea
- Conduct 90 search and rescue cases
- Seize \$21 million worth of illegal drugs
- Respond to 11 oil and hazardous chemical spills
- Board and inspect 122 vessels



“AH, THEY SAY ITS YOUR BIRTHDAY,”

Homer McBrayer	7 -23	DEA - NASSAU
Norman Alford	7 -31	CBP - FPORT
Leon Francis	8 -01	DEA - NASSAU
Walter Ahern	8 -01	DEA/TAT
Wendy Dawson	8 -02	ISO
Perry Neely	8 -03	GSO
Sheletia Kemp	8 -09	CONS
Tim Wetherell	8 -11	
Ronnie Abila	8 -12	DEA - NASSAU
Richard Ramon	8 -12	CBP - FPORT
Antoinette Rolle	8 -12	IPC
Gerhardt Buckentin	8 -15	MSG
Vandel Rolle	8 -15	MSG DRIVER
Clyde Uesato	8 -16	CBP - NASSAU
LaFonda Sutton-Burke	8 -16	CBP nassau
Michele Bergman	8 -20	CBP - NASSAU
Alicia Quackenbush	8 -21	NAS
George Kimmel	8 -26	CBP - NASSAU
Verna Elcock	8 -26	CONS
Christopher Mathes	8 -27	
Denise Hosenbackez	8 -29	CBP - FPORT
Pauline Coleby	8 -29	B&F



Saying Good Bye is Never Easy

On August 5, a group assembled in the Multi purpose room to say goodbye to Maria Symmonette. After 34 years working for the US Embassy, Maria has retired. Maria began working here in 1971 in the commercial section. In 1972 she transferred to the Human Resources Department. This was when we were only a Consulate located on Bay Street at the Churchill building. In 1973, Bahamas became independent, and we became an Embassy. After eleven Ambassador's, Maria has certainly been seasoned in her position. . . Maria's biggest responsibility was to make sure State and FSN employees get paid. She also processed newcomers , and everyone who departs. Tears and laughter were shared as everyone enjoyed quiche, chicken souse, tuna and fruits.

Saturday evening a large group turned out at Breezes for an incredible meal and a dedication service to honor her. Everyone had a wonderful time dancing and enjoying each others company.

Thank you, Maria.

YOU DID WHAT?

You did what, when, NO?
 They say you retired
 Are you being silly
 Who will find the file?
 Who will call Washington?
 Who will write...good grief?
WHO WILL WRITE THOSE LETTERS?
 Who will take care of our pay...
 Oh, gosh all those problems they will just get **BIGGER AND BIGGER?**
 Who will smooth things out?
 Who will make trouble's disappear?
WHO WILL SOLVE THOSE TROUBLES?
 Do you think maybe just maybe?
 You could wait another year?
 Then we could all leave here?

Poem by M.J.M./ and LJ

WHY LAUGH?

Anti-Stress: Laughter is one of the finest, most economical and easy to practice anti-stress measures. Laughter is one of the best muscle relaxants. Laughter expands blood vessels and sends more blood rising to the extremities and other muscles all over the body. A good bout of laughter also reduces the levels of stress hormones epinephrine and cortisol. Go ahead LAUGH.

Best Aerobic Exercise:
The benefit almost everybody derives is a sense of well being. The reason for the sense of well being is that you inhale more oxygen while laughing. Laughter stimulates heart and blood circulation equivalent to aerobic exercise. A belly laugh is equivalent to an "internal jog". Believe it or not laughter can provide cardiac conditioning to people who are incapable of performing physical exercise. Laughing also provides a good massage to all your internal organs.

Pain Reduction—Humor allows a person to "forget" about pains such as aches and arthritis.

I'd like to take this opportunity to introduce myself. My name is Ruth Fernander your new Human Resource Specialist. Please feel free to stop by at your convenience. I am excited about working with and serving you.

Ruth



Respiration: Frequent belly laughter empties your lungs of more air than it takes in resulting in a cleansing effect-similar to deep breathing. This is especially beneficial to people with emphysema and respiratory ailments. So everyone have a good belly laugh.

Nurse Carol will be away from the island 8/12 thru 8/29!

If you are new to post and have not visited the health unit, you are invited to do so at your earliest convenience. The Health Unit is staffed by Carol Clowes, RN who is US trained with a degree in Nursing. The Health Unit is open from 8 AM-1 PM Monday - Friday. The Nurse is also on call for emergencies. Carol's cell number is 427-2508.

The Health Unit performs a variety of functions. Health information classes and CPR instruction are scheduled throughout the year. Chronic conditions such as Diabetes and Hypertension can be monitored. An extensive list of physicians and dentists is available along with an information booklet on local and State Department Medical policy. Immunizations and a small inventory of medications are available for immediate care. A mail-in prescription service is also available. An open line of communication is maintained with our Regional Medical Officer in Ft. Lauderdale who visits quarterly.

The Health Unit is available and ready to serve you. All new arrivals should schedule an orientation at the Health Unit. Call, email or come by.. The clinic numbers are 327-1850/1852. Carol's email is Clowesck@state.gov.

I'm sure everyone is wondering why I have a list of the "Ten excuses NOT to be a blood donor". Well it's that time of year again. We are trying to get everyone excited and prepared to donate so eat your iron and vitamin enriched foods. Look for more information on the blood drive next month. We would love to see a bigger turn out. Remember one day you may need blood.



Anyone interested in CPR class, Please give Carol a call or email her. Classes are set up for September and October depending on interest.

10 Excuses NOT to be a Blood Donor

#10. "I've never been asked to donate blood." Well, we're asking now!

#9. "I'm afraid of needles." There's very little pain involved in giving blood. The feeling is like a slight pinch that lasts only a second.

#8. "It's not urgent because they can store blood a long time." Blood has a short shelf life of only 42 days. We can't stock pile it. We need donors every day to ensure there is always enough.

#7. "I don't have any blood to spare." If you are in general good health, you have 10 to 14 pints of blood in your body. You may safely donate 1 pint every 8 weeks.

#6. "I can't donate because I take medication." Most prescription and over-the counter medications are fine if you are feeling well. Includes aspirin, blood pressure, thyroid, anti-depressants. Most people CAN give blood.

#5. "I'm too old to donate." There is no upper age limit! If you are in good health and are 17 or older you may safely donate.

#4. "My blood isn't the right type." Every type is the "right" type. Patients are all blood types, so we need donors of all types

#3. "I only donate for emergencies." The blood has to be available *BEFORE* the emergency happens. And more importantly, every day in our community we need 150 blood donations for hospital patients and "little emergencies." Certainly saving the life of a cancer patient or car accident victim is just as important as when a bigger disaster occurs! We have to be ready 365 days of the year.

#2. "Other people are giving enough blood." The #1 safety concern with this country's blood supply today is adequacy! Only 5% of eligible donors actually donate blood. Every year we need more donors, because local needs increase as our area grows and some regular donors move away or can no longer donate due to health reasons or new FDA restrictions.

...and the number one Excuse is...

#1. "I don't have time to donate blood." It takes less than an hour of your time to save someone's life! There is no substitute. We encourage every to donate.

SECURITY ALERTS: Nigerian Scam

The US Embassy in Nassau has received several reports of US Citizens receiving letters, either through fax or the mail, claiming to be from the Internal Revenue Service (IRS). These letters are not genuine. They are a variation on the common Nigerian scam which attempts to get bank information from you so that criminals can illegally access your accounts. PLEASE DO NOT RESPOND TO THIS LETTER.

The IRS would never request information from you in this manner. If you have questions for the IRS, you may contact them directly in the United States at 215-516-2000.

Both the IRS and the FBI have

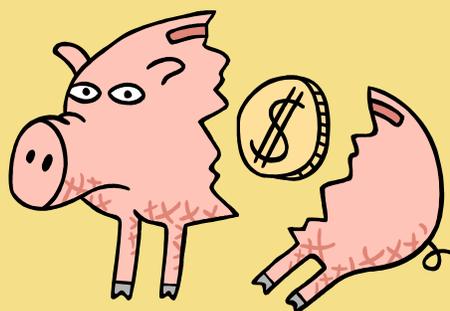
been notified of these letters. In these cases, however, recourse is generally limited due to the high frequency of this fraud and the ability of the criminals to cover their tracks.

For more information, please refer to the State Department pamphlet on "Advance Fee Business Scams," which can be found at the following website: http://travel.state.gov/travel/tips/brochures/brochures_1216.html

If you have any questions, please contact the U.S. Embassy, American Services Section, at 242-322-1181.

The U.S. Embassy is located next to McDonald's restaurant on Queen Street in downtown Nassau; telephone (242) 322-1181, after hours:

(242) 328-2206. Consular Section hours are 1:00 p.m. - 4:00 p.m. Monday-Thursday and 10:00-12:00 on Fridays. The Embassy is closed on local and U.S. holidays. You may wish to visit the Embassy's website at <http://bahamas.usembassy.gov/> or contact the Consular Section.



Consular Section hours are 1:00 p.m. - 4:00 p.m. Monday-Thursday and 10:00-12:00 on Fridays. The Embassy is closed on local and U.S. holidays. You may wish to visit the Embassy's website at <http://bahamas.usembassy.gov/> or contact the Consular Section by e-mail at acsn@state.gov.

2004 Top Ten Internet Frauds

1. Online Auctions
2. General Merchandise
3. Nigerian Money Offers
4. Phishing
5. Information/Adult Services
6. Fake Check Scams
7. Lotteries/Lottery Clubs
8. Computer Equipment/Software
9. Fake Escrow Services
10. Internet Access Services

Be Aware of Internet Fraud

In general, the same types of fraud schemes that have victimized consumers and investors for many years before the proliferation of Internet use are now appearing online. You may find fraud schemes in chat rooms, and e-mails.

A form of fraud which is becoming more common today is called phishing. Phishing is defined as a way to trick people into providing their personnel and financial information by pretending to be from a legitimate company such as your financial institution, or a legitimate retailer. The sender asks you to "confirm" your personal information for some made-up reason. Typically, the e-mail contains a link to a phony Web site that looks just like the real thing – with sophisticated graphics and images. In fact, the fake Web sites are near-replicas of the real one, making it hard even for experts to distinguish between the real and fake Web sites. You enter your personal information onto the Web site – and into the hands of identity

thieves. Its pretty simple. **BEWARE!** To report phishing go to the website <http://www.phishinginfo.org/>.

EEO CORNER



Hello everyone!

The Ambassador would like me to contact you on a monthly basis on EEO issues. The Ambassador has asked that I attend staff meetings in different sections to raise awareness and underscore the importance of EEO principles. Please feel free to contact me by e-mail or by phone if you have any EEO questions or any EEO concerns. Please note that a special yahoo e-mail address is being provided to those who do not wish to use the State Department e-mail system.

There are three main objectives of EEO counseling:

1. Inform individuals about the EEO process.
2. Gather certain vital information concerning the claim(s) raised at counseling.
3. Help resolve EEO matters quickly and informally.

An individual has 45 days from date of alleged discriminatory event to contact an EEO Counselor.

Cheers,

Your EEO Counselor
Abdelnour Zaiback
EEO Nassau@yahoo.com

QUESTION 1: WHAT ARE THE FEDERAL LAWS PROHIBITING EMPLOYMENT DISCRIMINATION?

ANSWER 1: THERE ARE SEVERAL LAWS THAT PROHIBIT DISCRIMINATION IN THE FEDERAL WORKPLACE, NOT ALL OF WHICH ARE ENFORCED THROUGH THE EEO PROCESS: **TITLE VII OF THE CIVIL RIGHTS ACT OF 1964, AS AMENDED (TITLE VII)**, PROHIBITS EMPLOYMENT DISCRIMINATION BASED ON RACE; COLOR; RELIGION; SEX; NATIONAL ORIGIN; PREGNANCY, CHILDBIRTH, OR RELATED CONDITION; OR REPRISAL FOR PRIOR EEO PROTECTED ACTIVITY OR OPPOSITION TO ILLEGAL DISCRIMINATION; **THE EQUAL PAY ACT OF 1963, AS AMENDED (EPA)**, PROTECTS MEN AND WOMEN WHO PERFORM SUBSTANTIALLY EQUAL WORK IN THE SAME ESTABLISHMENT FROM SEX-BASED WAGE DISCRIMINATION; **THE AGE DISCRIMINATION IN EMPLOYMENT ACT OF 1967, AS AMENDED (ADEA)**, PROTECTS INDIVIDUALS WHO ARE 40 YEARS OF AGE OR OLDER FROM ADVERSE EMPLOYMENT ACTIONS BASED ON AGE; AND **THE REHABILITATION ACT OF 1973, AS AMENDED**, PROHIBITS DISCRIMINATION AGAINST QUALIFIED INDIVIDUALS WITH DISABILITIES WHO WORK IN THE FEDERAL GOVERNMENT.

ALSO, THERE ARE OTHER FEDERAL LAWS NOT ENFORCED BY THE EEOC THAT ALSO PROHIBIT DISCRIMINATION AND REPRISAL AGAINST FEDERAL EMPLOYEES AND APPLICANTS.

THE CIVIL SERVICE REFORM ACT OF 1978, AS AMENDED, CONTAINS A NUMBER OF PROHIBITIONS KNOWN AS "PROHIBITED PERSONNEL PRACTICES." THIS LAW PROHIBITS ANY EMPLOYEE WHO HAS AUTHORITY TO TAKE CERTAIN PERSONNEL ACTIONS FROM DISCRIMINATING AGAINST EMPLOYEES OR APPLICANTS FOR EMPLOYMENT ON THE BASES OF RACE, COLOR, NATIONAL ORIGIN, RELIGION, SEX, AGE, OR DISABILITY. IT ALSO PROVIDES THAT CERTAIN PERSONNEL ACTIONS CANNOT BE BASED ON AUTHORITIES OR CONDUCT THAT DO NOT ADVERSELY AFFECT EMPLOYEE PERFORMANCE, SUCH AS MARITAL STATUS AND POLITICAL AFFILIATION. THE LAW FURTHER PROHIBITS REPRISAL AGAINST FEDERAL EMPLOYEES OR APPLICANTS FOR WHISTLEBLOWING, OR FOR EXERCISING AN APPEAL, COMPLAINT, OR GRIEVANCE RIGHT. **THE FOREIGN SERVICE ACT OF 1980, AS AMENDED**, EXTENDS THESE MERIT PRINCIPLES AND LEGAL PROTECTIONS TO MEMBERS OF THE FOREIGN SERVICE AND APPLICANTS TO THE FOREIGN SERVICE.



Junka-news

Hurricane News

In Case of An Emergency

In the event of a hurricane the CLO office has set up an email for easier communication for everyone at mission. The email address is.

Nassauevacuation@hotmail.com.
The password is hurricane.

Please log on so you will see how it works.

This will be a way for the Ambassador Rood, and the Hurricane Committee to communicate important information to all agencies. If you have any questions or suggestions please contact the CLO.

David 's TOP Ten List

PREPARATION FOR A HURRICANE

1. Plan how you will deal with your pets in the event of evacuation. NO you can not tie them to a tree.
2. Have some US cash available in the event of an evacuation (ATMs won't work without electricity) and shopping is expensive.
3. Keep your car's fuel tank at least 1/2 full at all times.
4. Keep your cell phone's battery charged, its hard to call home without it.
5. Have sufficient drinking water (and other things) on hand.
6. Have water and toilet paper on hand for well you know..
7. Have a bag packed in the event you must leave your house or leave the island (medicines, extra eyeglasses, valuable papers, cash, computer backup disk, etc.).
8. Have a supply of nonperishable foods hidden from the kids.
9. Have a working flashlight for playing hand games in the dark
10. Battery-operated radio with extra batteries.

DON'T WAIT UNTIL THE LAST MINUTE!

On the Serious Side, PREPARE NOW!!!

We now have **another Pet Shelter** willing to take our pets during a hurricane. Please add Pet Heaven to your list (page 18) of the hurricane plan. Pet Heaven 393--7150 is located at Shirley Street, next to the National Performing Arts Center, formerly the Shirley Street Theatre

Flood maps of the area roads. Please stop by the CLO office and pick one up a map to help plan your route to the shelters or airport.

Please note the following paragraph from a recent cable received from State.

The designated Safe Haven for all Authorized/Ordered Departures is Washington, D.C. for all State employees. Family Members must elect a Safe Haven point in the U.S.; out of the projected path of the storm. Other agency employees and family members at post may be evacuated to the location of their agency headquarters or to a point previously identified in writing to the Under Secretary for Management.

-
- We are still awaiting policy from the other agencies. Keep in mind, however, this policy could be changed at any time prior to evacuation. With this in mind, if your family members (on your orders) would like to designate alternate Safe Haven in the U.S., you need to get the information to me as soon as possible. You can E-mail me at murrayjl@state.gov or call me at ext. 4206 or drop off a new Personnel Evacuation Data form at the CLO office.



THE COMMISSARY BULLETIN

- ◆ The commissary still has available a few 5lb boxes of shrimp, hamburger patties, chicken breasts, pork chops and the infamous Otis Spunkmeyer cookies.
- ◆ We also have a large variety of chips delivered this week.
- ◆ Our new hours are Wednesday 10—2pm and Saturday 9-11am
- ◆ If you would like to sit in on a commissary meeting or you have a pressing question or a great idea, please join us in the multi-purpose room on Thursdays at 10:30am. Call ahead of time to make sure the meeting is on. If you have an item to submit for the agenda, contact the CLO prior to Wednesday.

The commissary committee would like to thank GSO for all their hard work unloading the last shipment. We couldn't do it without your help.

Thanks



Your Commissary Board:

- ◆ Jeff Rotering ext. 4218
- ◆ Shannon McBrayer 327-0209
- ◆ Pat Wielke 394-4575
- ◆ Scott Buttrick ext. 4224
- ◆ Bel Vanderploeg ext. 4275
- ◆ Kevin Stanfill ext. 4328
- ◆ Lori Johns ext. 4254

School News



Lyford Cay school currently has uniforms on sale starting August 15. Does your middle or highschool student have their reading list? St Andrew's School says to look for a newsletter to be emailed home shortly.

School Bus

Very Important Information Needed

The Clo needs everyone with preschoolers as well as children attending local and non local schools to email her the following information.

Children's name,

Ages

Grade they will be entering

School attending (here or away)

Mode of transportation to and from school

And any other concerns you may have as a parent in regards to schooling, billing and or busing.

Kids limo is trying to prepare her routing schedule so we can let everyone know what time to be ready. The CLO also needs this information to report numbers to Washington

Please Give

Embassy Family is doing a school drive for the Ranfurly Home. The home houses children from the age of 8 thru 18. Please donate any school items examples. Pencils, crayons, geometry sets, paints, notebooks, color pencils, back packs, and folders. Lets try making a difference for these kids! Please leave any items on the Clos desk.



The Family Liaison Office (FLO) is pleased to announce a new professional training and support program for spouses of Foreign Service direct-hire employees of the Foreign Affairs agencies (Department of State, Agency for International Development, the Foreign Commercial Service, and the Foreign Agriculture Service).

This new pilot program, called e-Entrepreneur, provides training and support in setting-up and developing a "portable" home-based virtual business. FLO has partnered with the StaffCentrix Company to provide and implement the e-Entrepreneur training program.

As a result of the enormous number of applications, additional sessions have been added for June, July, and October 2005, and will be held in Washington, DC. The e-Entrepreneur workshop and following support services are at no cost for the participants, but the candidate is responsible for her/his own travel, meal and lodging expenses.

Training dates and program

The two-and-half day program will take place in the Washington D.C. area.

Summer sessions full

October session: October 24, 25, 26, 2005

Program topics

Phase I full day Exploring Entrepreneurship

Phase II 3:00-5:00 p.m.* Anticipating Changes in the Household

Phase III full day Launching and Marketing your Business

*Attendance of the candidate's spouse is strongly recommended for this session.

Application and selection process

Applications will be accepted from interested candidates through an on-line application process. In cooperation with the Family Liaison Office, StaffCentrix professionals will review the applications and select the candidates. Applications will be accepted until the program workshops are full, or until a week before the training starts.



PLEASE DISTRIBUTE TO ALL FAMILY MEMBERS

1. SUMMARY: The Family Liaison Office is pleased to announce a partnership with Manpower Corporation as part of our Global Employment Strategy (GES) Initiative launched in October 2004 (reftel). We anticipate that Global Employment Strategy along with SNAP, our in-country employment program, will provide more professional opportunities for globally mobile spouses.

2. The Department of State entered into a no-cost, global partnership with Manpower Corporation, and through this partnership Manpower has undertaken to provide on-the-ground support and placement for our family members who are seeking professional opportunities overseas and in the D.C. area. With Manpower, our EFMs may receive targeted employment assistance in the 66 countries where Manpower has offices.

3. Manpower has moved beyond the temporary and support staffing function that many associate with this organization. Today Manpower services include affiliates such as Right Management Consultants, Brook Street, Elan and Jefferson Wells. In addition to professional counseling and placement services, the entire range of Manpower assessment tools and training programs will also be available to all spouses everywhere, at no cost to spouses or to the USG.

4. As of May 24th, 2005, Manpower began accepting resumes and conducting referrals on behalf of our globally mobile spouses. We initiated the Manpower program by announcing it to spouses who had contacted our Global Employment Advisors for employment assistance after our initial cable last year. We are now opening this Manpower partnership worldwide to all spouses.

5. Manpower views this partnership as an important initiative and has committed high level support. Each Manpower office overseas was required to designate a country level GES coordinator who will be the operational point of contact. In the absence of a local employment advisor (LEA) hired through the SNAP program, we ask CLOs, as part of their spousal employment advocacy responsibility, to serve as the liaison with the local in-country Manpower office representative. We gave CLOs a heads up in the June 2005 e-newsletter, FLO-CLO Connection and we will follow this cable with an ALDAC spelling out the CLO and LEA relationship with Manpower.

6. How can spouses take advantage of this service? Manpower is eager to assist spouses with job placements and can provide spouses access to their on-line training and assessment programs. Repeat: there is no cost for any of these services. m.



A job search requires time and a strategic plan, so act now and don't wait for fall! Spouses should contact Manpower directly at GES@na.manpower.com <<mailto:GES@na.manpower.com>>. Copy FLO on your email at FLOaskemployment@state.gov <<mailto:FLOaskemployment@state.gov>> so we can track who is participating in the program. A Manpower representative will then contact each spouse regarding employment on the local economy at post or in the Washington, D.C. area. They will send you a form to complete and will enter you into their Global Employment tracking form.

7. We encourage management at posts to pursue work agreements since working on the local economy as a diplomatic spouse requires having a negotiated bilateral or defacto work arrangement. If your agreements are not working well, or treatment is not reciprocal, please advise FLO so we can start to address these issues.

8. We have bilateral agreements or de facto arrangements in 57 out of 66 countries where Manpower has offices. We have annotated the Manpower country list below where we have the legal right to work.

MANPOWER LOCATIONS

(B) Bilateral (D) De Facto

Argentina (B)	Hong Kong (D)	Phillippines (B)
Australia (B)	Hungary (B)	Poland (B)
Austria (D)	India (B)	Portugal (D)
Belgium (D)	Ireland (B)	Puerto Rico
Bolivia (B)	Israel (B)	Reunion
Brazil (B)	Italy (B)	Romania (B)
Canada (B)	Japan (D)	Russia (CIS)
Chile (D)	Korea (D)	Singapore (D)
China (PRC)	Luxembourg (D)	Slovakia (B)
Columbia (B)	Malaysia	Slovenia (B)
Costa Rica (B)	Martinique	South Africa (D)
Czech Rep. (B)	Mexico (D)	Spain (B)
Denmark (B)	Monaco	Sweden (B)
Ecuador (B)	Morocco (D)	Switzerland (B)
El Salvador (B)	Netherlands (B)	Taiwan (D)
Estonia (B)	New Caledonia	Thailand
Finland (B)	New Zealand (B)	Tunisia (D)
France (D)	Nicaragua (B)	Turkey (B)
Germany (D)	Norway (B)	U.K. (B)
Greece (B)	Panama (B)	Uruguay (D)
Guatemala	Paraguay (D)	Venezuela (B)
Honduras (B)	Peru (B)	

9. We hope this program will lead to job and training opportunities that meet many of the professional needs of our family members worldwide. Learn more about Manpower by visiting www.manpower.com. Learn more about GlobalEmployment Strategy by contacting Marnie Bloom at marniebloom@globalstrategicnetwork.com <<mailto:marniebloom@globalstrategicnetwork.com>> or Nadja Giuffrida at nadjaGiuffrida@globalstrategicnetwork.com <<mailto:nadjaGiuffrida@globalstrategicnetwork.com>>

UPCOMING EVENTS

August 2005

Come one, Come all.
It's Italian Night:
This Friday, Aug. 12
Bring your favorite Italian
dish. Starts at 600.
See you there.

Kid's Morning
August 15, 10am– 12
Julia O'Grady would like to invite
anyone with small children to a morning
of fun, swimming snacks and drinks. If
you are interested please give her a call at
327-1335
This is not at the Marine House.

Scuba.... Interested?
Arrangements are currently
being made with Stuart's
Cove to provide us with les-
sons for PADI certification.
\$ 350.00 includes book,
equipment, and 4 days of
lessons. If we have enough
people interested, they will
come to the Marine House
Pool. Age is 10 an up. Con-
tact the CLO if you are in-
terested. Maximum per
class is ten people. Time
will be arranged when we
have our group.

On Monday September 6, The Bacardi Rum Factory is opening their doors to all U.S. Mission employees, families, children, and friends. The day will begin with a tour of the factory, learn how rum is made, and will end with a sampling of Bacardi's products for those who are drinking age). Currently we are trying to make arrangements for bus service. Details to follow. We will be meeting at 11:00 if you are driving. Please RSVP with the CLO.

Snorkeling Anyone?

Plans are in the making to take a snorkel trip on Sept 17. All Mission personnel and their children are invited. Stuart's Cove is offering a 1/2 day trip. 8:15 pickup and a 12:00 drop off from Cable Beach, gear included. \$30.00/adults, \$24/child. . Again if your interested, please call or email the clo at Johnsls@state.gov.

Announcements

Softball & Soccer

I would like to organize either a softball, soccer, and tennis games for the adults and or kids this summer. If you are interested call Lori 322-1181 4254

JUNKANOO JOURNAL ONLINE



Download the Junkanoo Journal from the Embassy Nassau Internet site:

nassau.usembassy.gov

If you were in orientation this previous week, please turn in all your forms by August 19th to Human resources. Thanks

Time to get in shape. The Marines are currently planning a 5K Run/Walk. Look for details shortly.



Marine Cups and Polo shirts have just gone on sale.
Mugs 10.00
Polo shirts 20.00

Please help support the Marines.

Marine Corps Ball Tickets are ready and can be purchased from the Detachment Commander or the Marine House for **\$80.00**. Tickets are cheaper this year so come out, support the Marines, and enjoy the night. The Marine Corps Ball will held at Sandals Hotel and Resort Ballroom In November. Date and time To follow in future editions or call the Clo.

CHERUBS-N-CHOCOLATE

Now in Nassau you can find PERSONALIZED candy bars for all occasions: Baptisms; Birthdays; Valentine's Day; Anniversaries and much, much more! The company, CHERUBS-N-CHOCOLATE is being represented by Frances Taylor. For more information, catalog and pricing, please call 424-4126 or email Mr. Taylor at: bahamatica@hotmail.com

5 Dinner Host/Hostess Needed for party below!!



Ah Mates, Planning on a party for ya all pirates. This will be a mystery who don't kind of dinner. But before the festivities can begin we need a few winches and their mates to step forward and be the host/hostess. As soon as we have some willing participants then we will begin sign-ups. The name of the mystery dinner is **Treason and Treachery**. Ten players are involved. There will be a cover charge to help with the grub. **All** adults are encouraged to participate.. At the end of the evening all parties will meet and enjoy everyone's company (and costumes). Please email the Clo at johnsls@state.gov.

Junkanoo Journal Submission Guidelines

Thanks to all of you who contribute to the Junkanoo Journal. Your contributions are what make it a great newsletter! For anyone interested in submitting articles or photos to the Junkanoo Journal, your submissions are welcome! Here are a few guidelines:

- Always submit by email (CLONAS@state.gov) or disk. Because of time constraints, hard copy submissions might not be published.
- Submit articles as plain text. Don't try to format the submission for publication. What you send won't look the same in this document as it did in yours.
- If you're sending a picture and know how to make it a smaller file, please do.
- If you are sending something you did not write yourself, please credit the author and publication.

Submit your advertisements, articles and announcements to the CLO by **COB Wednesday** for Friday publications.

Submissions may be edited for length, clarity, or security. Publication in the *Junkanoo Journal* does not imply endorsement by the Community Liaison Office, Embassy Nassau or the Government of the United States.